

Sports cardiology webinar 2023

Idrettskardiologisk webinar 2023

15 mars kl. 14-20



**Norsk Cardiologisk
Selskap**
DEN NORSKE LEGEFORENING

Arbeidsgruppe for preventiv kardiologi,
hjerterehabilitering og idrettskardiologi

www.deltager.no/register/#/Idrettskardiologiskwebinar2023
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Session 1: Cardiac adaptations to exercise

Chairs: Prof Charlotte Ingul and Dr Elisabeth Vesterbekkmo

14.00–14.30 | Cardiac adaptations to exercise men vs. female | Ass. prof Andre La Gerche

Session 2: Young athlete's heart

Chairs: Prof Charlotte Ingul and Dr Erik Ekker Solberg

14.30–14.50 | The adolescent athlete's heart | Dr Anders Wold Bjerring

14.50–15.20 | Quiz with interpretation of the ECG in young athletes | Prof Michael Papadakis

15.20–16.10 | How to manage arrhythmias in adolescents and child athletes | Ass. prof Georgia Sarquella Brugada

16.10–16.30 | Young athletes' experiences after surviving a sudden cardiac death | Dr Hilde Moseby Berge

16.30-16.45 Coffee break

Session 3: Aortic diseases and exercise

Chairs: Dr Erik Ekker Solberg and Dr Jostein Grimsmo

16.45–17.05 | Exercise and sports participation in patients with thoracic aortic diseases | Dr Paulo Adami

17.05–17.25 | Exercise and sports participation in individuals with aortopathy conditions | Dr Harald Thune Jørstad

17.25–17.40 | Case | Dr Jostein Grimsmo

Session 4: Preventive cardiology in sports

Chairs: Prof Charlotte Ingul and Dr Jostein Grimsmo

17.45–18.05 | Dyslipidemia in athletes, when and how to treat | Dr Elisabeth Vesterbekkmo

18.05–18.25 | CT coronary angiography in athletes and treatment of calcified coronary arteries | Prof Stein Ørn

18.25-18.40 Coffee break

Session 5: Imaging and athlete's heart

Chairs: Dr Elisabeth Vesterbekkmo and Dr Erik Ekker Solberg

18.40–19.00 | Myocardial fibrosis in athletes; distinguish normal from abnormal patterns | Dr Sabiha Gati

19.00–19.20 | Consequences of myocardial fibrosis in athletes; what to do? | Dr Sabiha Gati

19.20–19.50 | The Role of Multimodality Imaging in Athlete's Heart Diagnosis? | Prof Antonello D'Andrea

19.50–20.00 | Reflections | Dr Erik Ekker Solberg